



Migraine Agents Prior Authorization

| Drug(s) Applied: | Aimovig (erenumab), Ajovy (fremanezumab-vfrm), Emgality (galcanezumab), |
|------------------|---|
| | Nurtec ODT (rimegepant sulfate) |

Criteria:

Drug(s) Applied will be approved when the requested medication is being used for an FDA-approved indication and all of the following criteria are met:

- I. Initial Therapy Criteria
 - A. Chronic migraine prophylaxis as indicated by chart notes within past 120 days
 - 1. Patient has migraine-like or tension-like headache for at least 15 headache days per month for a minimum of 3 months **and**
 - 2. Patient has migraine with or without aura at least 8 migraine days per month for a minimum of 3 months **and**
 - 3. Chart notes or claims data do NOT show patient will be using the requested agent in combination with another prophylactic use CGRP **and**
 - 4. Requested agent and strength is FDA approved for migraine prophylaxis (e.g. Aimovig, Ajovy, Emgality 120mg) **and**
 - 5. ONE of the following:
 - a) Patient has tried and had an inadequate response to at least TWO migraine prophylaxis class [i.e., anticonvulsants (i.e., divalproex, valproate, topiramate), beta blockers (i.e., metoprolol, nadolol, propranolol, timolol), antidepressants (i.e., amitriptyline, venlafaxine ER), candesartan] after an adequate trial as defined by BOTH of the following:
 - (1) Trial length was at least 2 months at therapeutic dose and
 - (2) Patient was greater than or equal to 80% adherent to the prophylaxis agent during the trial (provider attestation) **or**
 - Patient has an intolerance or FDA labeled contraindication to ALL migraine prophylaxis agents listed above and
 - 6. Chart notes and/or prescriber do not provide documentation of any FDA labeled contraindications to the requested drug, or prescriber has documented that the benefits outweigh the risk despite having a contraindication

Approval Duration: 6 months

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Last Revised: 08/2025





- B. Episodic migraine prophylaxis as indicated by chart notes within past 120 days
 - 1. Patient has migraines with less than 15 headache days per month and
 - 2. ONE of the following:
 - a) Patient has greater than 4 migraine headache days per month **or**
 - b) Patient's migraine attacks cause significant disability or diminished quality of life despite appropriate therapy with acute agents only **or**
 - c) Patient has contraindications to acute therapies or
 - d) Patient has tried and received inadequate response to acute therapies or
 - e) Patient has serious side effects to acute therapies and
 - 3. Chart notes or claims data do NOT show patient will be using the requested agent in combination with another prophylactic use CGRP agent and
 - 4. Requested agent and strength is FDA approved for episodic migraine prophylaxis (e.g. Aimovig, Ajovy, Emgality 120mg, Nurtec) **and**
 - 5. ONE of the following:
 - a) Patient has tried and had an inadequate response to at least TWO migraine prophylaxis class [i.e., anticonvulsants (i.e., divalproex, valproate), beta blockers (i.e., metoprolol, nadolol, propranolol, timolol), antidepressants (i.e., amitriptyline, venlafaxine ER), candesartan] after an adequate trial as defined by BOTH of the following:
 - (1) Trial length was at least 2 months at therapeutic dose and
 - (2) Patient was greater than or equal to 80% adherent to the prophylaxis agent during the trial (provider attestation) **or**
 - Patient has an intolerance or FDA labeled contraindication to ALL migraine prophylaxis agents listed above and
 - 6. Chart notes and/or prescriber do not provide documentation of any FDA labeled contraindications to the requested drug, or prescriber has documented that the benefits outweigh the risk despite having a contraindication

Approval Duration: 6 months

- C. Episodic cluster headache treatment as indicated by chart notes within past 120 days
 - 1. Patient has had at least 5 cluster headache attacks and
 - 2. Patient has at least two cluster periods lasting 7-365 days when untreated and
 - 3. Patient's cluster periods are separated by a pain-free remission period of at least 3 months **and**
 - 4. Patient has tried and had an inadequate response to 100% oxygen and
 - 5. ONE of the following:
 - a) Patient has tried and had an inadequate response or intolerance to verapamil, topiramate, or lithium or

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- Patient has an FDA labeled contraindication to verapamil, topiramate, and lithium and
- 6. Requested agent and strength is FDA approved for episodic cluster headache treatment (e.g. Emgality 300mg) **and**
- 7. Chart notes and/or prescriber do not provide documentation of any FDA labeled contraindications to the requested drug, or prescriber has documented that the benefits outweigh the risk despite having a contraindication

Approval Duration: 6 months

- D. Acute migraine treatment as indicated by chart notes within past 120 days
 - 1. ONE of the following:
 - a) Patient has tried and had an inadequate response to at least TWO triptan agents or
 - Patient has an intolerance or FDA labeled contraindication to ALL triptan agents and
 - Chart notes or claims data do NOT show patient will be using the requested agent in combination with another acute migraine therapy (i.e., triptan, 5HT-1F, ergotamine, acute use CGRP) and
 - 3. Requested agent and strength is FDA approved for acute migraine treatment (e.g. Nurtec) **and**
 - 4. Chart notes and/or prescriber do not provide documentation of any FDA labeled contraindications to the requested drug, or prescriber has documented that the benefits outweigh the risk despite having a contraindication

Approval Duration: 12 months

- II. Continued Therapy Criteria
 - A. Chronic migraine prophylaxis as indicated by chart notes within past 12 months
 - 1. Patient has been previously approved for the requested agent through the plan's Prior Authorization process or meets the initial therapy criteria above **and**
 - Documented clinical benefit since starting the requested agent (i.e., reduced migraine headache days, reduced migraine severity or duration, reduced use of acute abortive migraine medication) and
 - 3. Chart notes or claims data do NOT show patient will be using the requested agent in combination with another prophylactic use CGRP **and**
 - 4. Requested agent and strength is FDA approved for the specific indication (e.g. Aimovig, Ajovy, Emgality 120mg)

Approval Duration: 12 months

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- B. Episodic migraine prophylaxis as indicated by chart notes within past 12 months
 - 1. Patient has been previously approved for the requested agent through the plan's Prior Authorization process or meets the initial therapy criteria above **and**
 - Documented clinical benefit since starting the requested agent (i.e., reduced migraine headache days, reduced migraine severity or duration, reduced use of acute abortive migraine medication) and
 - 3. Chart notes or claims data do NOT show patient will be using the requested agent in combination with another prophylactic use CGRP **and**
 - 4. Requested agent and strength is FDA approved for the specific indication (e.g. Aimovig, Ajovy, Emgality 120mg, Nurtec)

Approval Duration: 12 months

- C. Episodic cluster headache treatment as indicated by chart notes within past 12 months
 - 1. Patient has been previously approved for the requested agent through the plan's Prior Authorization process or meets the initial therapy criteria above **and**
 - 2. Documented clinical benefit since starting the requested agent (i.e., improvement in cluster headaches management) **and**
 - 3. Requested agent and strength is FDA approved for episodic cluster headache treatment (e.g. Emgality 300mg)

Approval Duration: 12 months

- **D.** Acute migraine treatment as indicated by chart notes within past 12 months
 - 1. Patient has been previously approved for the requested agent through the plan's Prior Authorization process or meets the initial therapy criteria above **and**
 - 2. Documented clinical benefit since starting the requested agent (i.e., improvement in acute migraine management) **and**
 - 3. Chart notes or claims data do NOT show patient will be using the requested agent in combination with another acute migraine therapy (i.e., triptan, 5HT-1F, ergotamine, acute use CGRP) **and**
 - 4. Requested agent and frequency is FDA approved for acute migraine treatment (e.g. Nurtec)

Approval Duration: 12 months

Policy Owned by: Curative PBM team

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