



## **Doptelet Prior Authorization**

Drug Applied:	Doptelet (avatrombopag)
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## Criteria:

Drug Applied will be approved when the requested medication is being used for an FDA approved indication indication and all of the following criteria are met:

- I. Initial Therapy Criteria
  - **A.** Chronic immune thrombocytopenia (ITP) as indicated by chart notes within past 120 days
    - 1. Chronic ITP has lasted for at least 12 months and
    - 2. ONE of the following:
      - a) Patient has a platelet count less than or equal to 30,000µl or
      - b) Patient has a platelet count greater than  $30,000/\mu l$  but less than  $50 \times 10^9$  /L OR  $50,000/\mu l$  and has symptomatic bleeding and/or an increased risk for bleeding **and**
    - 3. Patient has tried and had an inadequate response to one of the following:
      - a) Systemic corticosteroids for minimum of 4 days or
      - b) Rituximab or
      - c) Immunoglobulins or
    - 4. Patient has tried and had an inadequate response to a different thrombopoietin receptor agonist **or**
    - 5. Patient has undergone a splenectomy and
    - Chart notes and/or prescriber do not provide documentation that patient will be using the requested agent in combination with another thrombopoietin receptor agonist and
    - 7. Prescriber is a specialist or has consulted with a specialist in the area of the patient's diagnosis (e.g., hematology)

Approval Duration: 3 months

- **B.** Thrombocytopenia with chronic liver disease as indicated by chart notes within past 120 days
  - 1. Patient has a platelet count less than 50,000/µl and
  - Patient is scheduled to undergo a procedure with an associated risk of bleeding within the next 30 days (e.g., gastrointestinal endoscopy, liver biopsy, bronchoscopy, dental procedure) and





Last Revised: 08/2025

- Chart notes and/or prescriber do not provide documentation that patient will be using the requested agent in combination with another thrombopoietin receptor agonist and
- 4. Prescriber is a specialist or has consulted with a specialist in the area of the patient's diagnosis (e.g., hematology)

**Approval Duration:** 1 month

- II. Continued Therapy Criteria
  - **A.** Chronic immune thrombocytopenia (ITP) as indicated by chart notes and labs within past 30 days
    - **1.** Patient has been previously approved for the requested agent through the plan's Prior Authorization process or meets the initial therapy criteria above **and**
    - 2. Patient has demonstrated beneficial clinical response and
    - Patient continues to have symptomatic bleeding and/or an increased risk for bleeding and
    - 4. Prescriber is a specialist or has consulted with a specialist in the area of the patient's diagnosis (e.g., hematology)

**Approval Duration:** 3 months

- B. Thrombocytopenia with chronic liver disease as indicated by chart notes
  - 1. Review under Initial Therapy Criteria

**Approval Duration: N/A** 

Policy Owned by: Curative PBM team