



Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) Prior Authorization

Drug(s) Applied: Kalydeco, Trikafta, Symdeko, Orkambi

Criteria:

Drug(s) Applied will be approved when the requested medication is being used for an FDA approved indication and all of the following criteria are met:

- I. Initial Approval Criteria
 - A. Cystic Fibrosis, homozygous F508del mutation or mutation responsive (Kalydeco, Symdeko) as indicated by chart notes within past 6 months:
 - Diagnosis of Cystic Fibrosis as confirmed by genetic testing with ONE of the following:
 - (1) Homozygous for F508del mutation in the CFTR gene (Symdeko only) according, **or**
 - (2) A mutation responsive to the requested drug based on clinical and/or in vitro assay data (Symdeko or Kalydeco)
 - 2. Patient's age is within FDA labeling for the requested indication for the requested agent, **and**
 - 3. Patient will NOT be using the requested agent in combination with another CFTR modulator agent for the requested indication, **and**
 - 4. Prescriber is a specialist, or has consulted with a specialist in the area of the patient's diagnosis (e.g. cystic fibrosis, pulmonologist)

Approval Duration: 6 months

- **B.** Cystic Fibrosis, at least 1 F508del mutation or mutation responsive (Trikafta) as indicated by chart notes within past 6 months:
 - Diagnosis of Cystic Fibrosis as confirmed by genetic testing with ONE of the following:
 - a) Presence of ≥1 F508del mutation in the CFTR gene, or
 - A mutation responsive to the requested drug based on clinical and/or in vitro assay data, and
 - 2. Patient's age is within FDA labeling for the requested indication for the requested agent, **and**
 - 3. Patient will NOT be using the requested agent in combination with another CFTR modulator agent for the requested indication, **and**

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Last Revised: 04/2025





- 4. Prescriber is a specialist, or has consulted with a specialist, in the area of the patient's diagnosis (e.g. cystic fibrosis, pulmonologist), **and**
- 5. Documentation of liver function test (LFT) results, including alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase, and bilirubin within 1 month prior to starting the requested drug, **and**
- 6. Patient does not have severe hepatic impairment (Child-Pugh Class C)

Approval Duration: 6 months

- II. Continued Therapy Approval
 - A. Cystic Fibrosis, homozygous F508del mutation or mutation responsive (Kalydeco, Symdeko), as indicated by chart notes within past 6 months:
 - Patient has been previously approved for the requested agent through the plan's Prior Authorization process, or meets Initial Approval criteria and
 - 2. Confirmed clinical improvement or stabilization with the requested agent from baseline (prior to treatment with the requested agent) as evidenced through at least one of the following:
 - a) Improvement in FEV1or lung function tests, such as Cystic Fibrosis Questionnaire-Revised (CFQ-R) Respiratory Domain score, **or**
 - b) Increase in weight/BMI, or
 - c) Improvement in sweat chloride, or
 - Reduced number of pulmonary exacerbations and/or pulmonary infections, and
 - 3. The patient will NOT be using the requested agent in combination with another CFTR modulator agent for the requested indication, **and**
 - 4. Prescriber is a specialist, or has consulted with a specialist, in the area of the patient's diagnosis (e.g. cystic fibrosis, pulmonologist)

Approval Duration: 12 months

- B. Cystic Fibrosis, at least 1 F508del mutation or mutation responsive (Trikafta), as indicated by chart notes within past 6 months:
 - Patient has been previously approved for the requested agent through the plan's Prior Authorization process, or meets Initial Approval criteria and
 - Confirmed clinical improvement or stabilization with the requested agent from baseline (prior to treatment with the requested agent) as evidenced through at least one of the following:
 - a) Improvement in FEV1or lung function tests, such as Cystic Fibrosis Questionnaire-Revised (CFQ-R) Respiratory Domain score, **or**
 - b) Increase in weight/BMI, or

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- c) Improvement in sweat chloride, or
- d) reduced number of pulmonary exacerbations and/or pulmonary infections, **and**
- 3. Patient will NOT be using the requested agent in combination with another CFTR modulator agent for the requested indication, **and**
- 4. Prescriber is a specialist, or has consulted with a specialist, in the area of the patient's diagnosis (e.g. cystic fibrosis, pulmonologist), **and**
- 5. Documentation within the 365 days of liver function test (LFT) results, including alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase, and bilirubin, **and**
- 6. ONE of the following:
 - a) Patient does not have evidence of elevated LFT results, or
 - b) Patient is being followed by a hepatologist with notes indicating benefit outweighs risk, **and**
- 7. Patient does not have severe hepatic impairment (Child-Pugh Class C)

Approval Duration: 12 months

Policy Owned by: Curative PBM team

Last Revised: 04/2025