



Blood Pressure Monitors

Monitors Applied:	Blood Pressure Monitors covered on formulary
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Criteria:

Monitors Applied will be approved when the requested medication is being used for an FDA approved indication and all of the following criteria are met:

- I. Initial Therapy Criteria
 - A. **At risk for high blood pressure mandating at home monitoring** as indicated by chart notes within past 120 days
 1. Diagnosis of any of the following:
 - a) Hypertension
 - b) Diabetes Mellitus Type 2
 - c) Chronic Kidney Disease
 - d) Heart Failure
 - e) Coronary Artery Disease
 - f) History of Myocardial Infarction
 - g) History of Stroke or Transient Ischemic Attack
 - h) Obstructive Sleep Apnea
 - i) Preeclampsia or high risk for preeclampsia
 - j) Pre-hypertension with family history of hypertension, heart disease or genetic predisposition to hypertension

Approval Duration: 12 months

Lifetime maximum benefit of 1 blood pressure monitor per member

Policy Owned by: Curative PBM team