



## Blood Pressure Monitors

Monitors Applied:	Blood Pressure Monitors covered on formulary
-------------------	--

### Criteria:

Monitors Applied will be approved when the requested medication is being used for an FDA approved indication and all of the following criteria are met:

#### I. Initial Therapy Criteria

**A. At risk for high blood pressure mandating at home monitoring** as indicated by chart notes within past 120 days

1. Diagnosis of any of the following:
  - a) Hypertension
  - b) Diabetes Mellitus Type 2
  - c) Chronic Kidney Disease
  - d) Heart Failure
  - e) Coronary Artery Disease
  - f) History of Myocardial Infarction
  - g) History of Stroke or Transient Ischemic Attack
  - h) Obstructive Sleep Apnea
  - i) Preeclampsia or high risk for preeclampsia
  - j) Pre-hypertension with family history of hypertension, heart disease or genetic predisposition to hypertension

**Approval Duration:** 12 months

Lifetime maximum benefit of 1 blood pressure monitor per member

**Policy Owned by:** Curative PBM team

