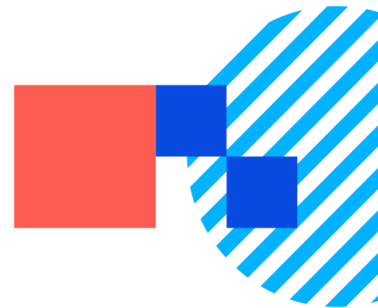




Blood Pressure Monitors

Monitors Applied:	Blood Pressure Monitors covered on formulary
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Criteria:

Monitors Applied will be approved when the requested medication is being used for an FDA approved indication and all of the following criteria are met:

- I. Initial Therapy Criteria
 - A. **At risk for high blood pressure mandating at home monitoring** as indicated by chart notes within past 120 days
 1. Diagnosis of any of the following:
 - a) Hypertension
 - b) Diabetes Mellitus Type 2
 - c) Chronic Kidney Disease
 - d) Heart Failure
 - e) Coronary Artery Disease
 - f) History of Myocardial Infarction
 - g) History of Stroke or Transient Ischemic Attack
 - h) Obstructive Sleep Apnea
 - i) Preeclampsia or high risk for preeclampsia
 - j) Pre-hypertension with family history of hypertension, heart disease or genetic predisposition to hypertension

Approval Duration: 12 months

Lifetime maximum benefit of 1 blood pressure monitor per member

References:

1. ACC/AHA. 2017 Guideline for High Blood Pressure in Adults. 2017.
2. KDIGO. Clinical Practice Guideline for Blood Pressure Management in CKD. 2021.
3. ADA. Standards of Care in Diabetes—Cardiovascular Disease. 2026.
4. AHA/ASA. Guideline for the Prevention of Stroke in Patients With Stroke and TIA. 2021.
5. ACOG. Chronic Hypertension in Pregnancy. Practice Bulletin No. 203. 2019.
6. ACC/AHA. 2019 Guideline on the Primary Prevention of Cardiovascular Disease. 2019.
7. AASM. Clinical Practice Guideline for the Treatment of Obstructive Sleep Apnea in Adults. 2021.

Policy Owned by: Curative PBM team